

Kooth.com - online support for young people

We would like to remind you of the availability of our online service to support the wellbeing and resilience of your young people at this time.

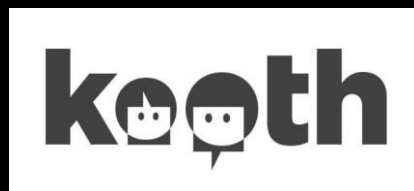
Kooth is a web based confidential support service available to young people. Kooth provides a safe and secure means of accessing mental health and wellbeing support designed specifically for young people.

Kooth offers young people (aged 11-25) in Wirral the opportunity to have a text-based conversation with a qualified counsellor. Counsellors are available from 12noon to 10pm on weekdays and 6pm to 10 pm at weekends, every day of the year on a drop-in basis. Young people can access regular booked online counselling sessions as needed. Outside counselling hours' young people can message our team and get support by the next day.

When students register with **Kooth** they will have support available to them now and in the future. Support can be gained not only through counselling but articles, forums and discussion boards. All content is age appropriate, clinically approved and fully moderated.

To find out more visit www.Kooth.com where young people can register and others can find out more about the service.

You can also view a short video about the service at: <https://vimeo.com/318731977/a9f32c87de>.



kooth

We're still here

Free online, safe and anonymous support available to children and young people over the Easter Weekend

Chat with a friendly counsellor

Read self-help articles

Join peer-to-peer forums



kooth

Free. Safe. Anonymous.

Kooth is an online Mental Health platform for young people. **Need to talk?** Chat to our friendly counsellors.

Articles & Advice

Live Chat

Live Forums

<https://kooth.com> go!

Kooth offers advice on the go. We're by your side when you need us most.

available in your area



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We're still here

Children and young people can access free, online mental health support 365 days a year

Chat with a professional counsellor

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