

PHYSICAL EDUCATION

PUMPING UP THE VOLUME IN PE

Ridgeway students were invited to the Floral Pavilion in New Brighton to take part in a special session of the Ravin' Fit fitness experience.

The Ravin' Fit website says: "Liverpool Echo DJ of the year Lee Butler brings the club to the gym with a full stage show, including all the biggest club anthems, a pumping sound system, lights and effects for a brand new get-fit experience!"

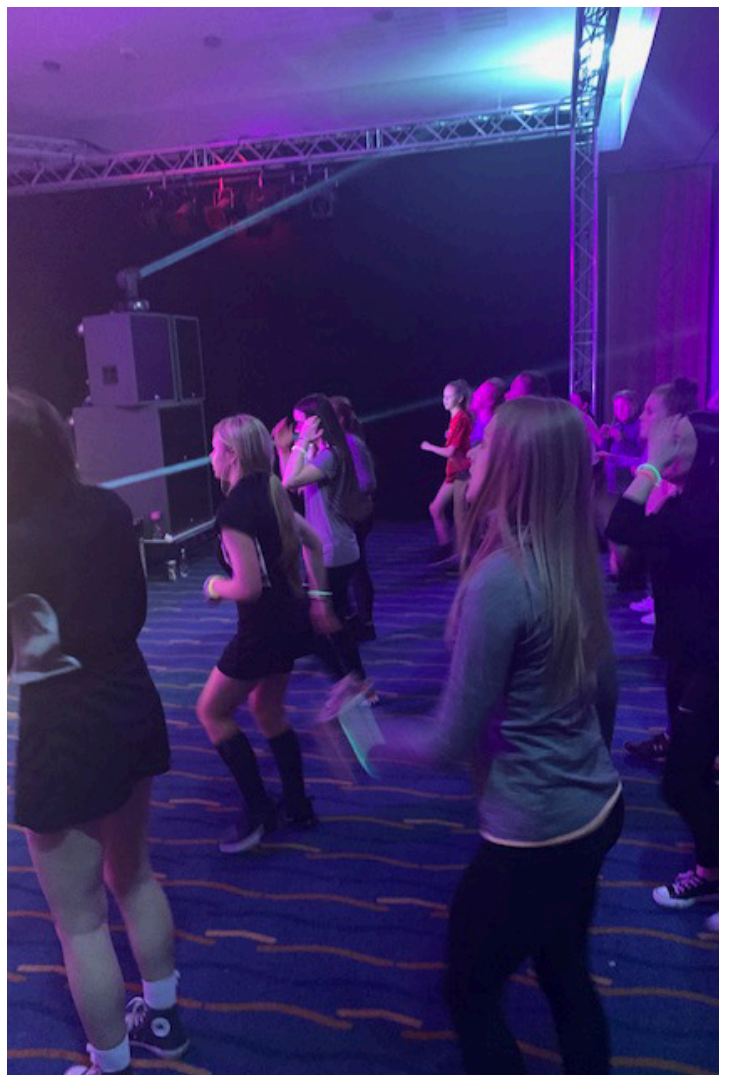
Miss Campbell said: "Miss Kell and I took thirteen Year 10 and Year 11 students along to this special fitness session organised by Wirral School Games. It was aimed primarily at older students from across the Wirral, particularly students who don't normally enjoy and engage with PE. As a school, we are always looking for ways to encourage students to participate in sport and to be physically active.

"The Floral Pavilion was absolutely packed, and the atmosphere was amazing. The Ridgeway girls got to stand at the front of the class by the stage, which was fantastic.

"The whole experience was an amazing success and the girls have asked to go back again.

"As a teacher this level of engagement was outstanding to see. I am delighted that the students had the opportunity to attend such a fantastic event and that they enjoyed themselves so much.

"Thanks go to Miss Kell. We really enjoyed supporting the students."



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