



YEAR 8 Rugby LEARNING PROGRAMME

This unit I will be learning about rugby		The key vocabulary that I will learn this unit are...
This half term I am learning: <ul style="list-style-type: none"> To further develop my skills in rugby. To know my role in a team in a competitive situation. 		Analyse Performance Overcome Improvement Short pass Safe tackling Ruck Diamond formation Tactic Positioning Scrum
Week's Learning	Literacy Links	Homework
Focus 1 - Play the game with conditions. Analyse own performance and identify areas for improvement.	I will use these literacy skills... Speaking and oracy skills developed when analysing performance.	Students are expected to attend at least 1 extra-curricular club during lunch time or after-school.
Focus 2 - Demonstrate and utilise the short pass in a conditioned game to a high standard. Then support others to be effective using this.	Pupils formulate explanations using full sentences and sports-specific terminology.	
Focus 3 - Demonstrate and discuss safe tackling and tackling on the move with a stationary partner and in a group. Then if able move it into a game.	Pupils feedback to teacher as they are leaving on what they need to improve to become a better performer.	
Focus 4 - Focus on a tackling game and discuss what is and is not safe. Moved into a full rugby game with some points for tackles.	Speaking and oracy skills with pupil feedback to teacher.	
Focus 5 - Be able to present the ball in the ruck. Then discuss why and when this is done. Utilise new information in a game.	Formulate an explanation and present to class. All answers are in full sentences explaining how to beat your opponent using a ruck.	
Focus 6 - Be able to perform in a variety of competitive game situations.	Speaking and oracy skills. Pupils' organisational skills and management of people skills practised through speaking to their peers.	
Sequencing		
How this unit builds on prior learning: Building on prior skills learnt in year 7 and other invasion / throwing and catching games.		How this unit leads to future learning: Prepare students for full –size rugby and to transfer skills into other invasion games.
Resources to support: https://www.englandrugby.com/my-rugby/education/prelessonplans-year-7-lesson-plans/		

Social, Moral, Spiritual, Cultural and British Values linked to this learning programme:

Pupils experience working together to achieve the same goal.

Success and feel good factor.

Leadership, teamwork, decision making, emotional literacy, dealing with victory and defeat.

Pupils' morality tested with being safe and fair.

Pupils' empathy tested when trying not to hurt the person rucking.

Pupils' organisational skills and management of people skills practised.

Use sports nations to label the teams identifying different cultures that play rugby.

Assessment:

Head, heart, hands.