



**YEAR 8 PHYSICAL EDUCATION  
LEARNING PROGRAMME  
FOOTBALL**

<b>This unit I will be learning about football</b>		<b>The key vocabulary that I will learn this unit are...</b>
<b>By the end of this unit I will be able to:</b> <ul style="list-style-type: none"> <li>Be able to demonstrate the different skills and techniques in football and be able to apply them in small-sided games (S.S.G)</li> </ul>		<b>Passing</b> <b>Dribbling</b> <b>Running with the ball</b> <b>Control</b> <b>Shooting / Finishing</b> <b>Small-Sided Games</b>
<b>Week's Learning</b>	<b>Literacy Links</b>	<b>Homework</b>
<b>Focus 1 -</b> <b>Show my existing skills and techniques and play according to the rules of the game.</b>	Confidence Minimum	<b>Students are expected to attend at least 1 extra-curricular club during lunch time or after-school.</b>
<b>Focus 2 –</b> <b>Demonstrate a variety of techniques to pass the ball under pressure.</b>	Maintaining Incorporating	
<b>Focus 3 –</b> <b>Apply the skills of passing to a S.S.G and use different contact points to move the ball.</b>	Plyometric Adaptability	
<b>Focus 4 –</b> <b>Shoot the ball using correct technique and know how to improve chances of scoring.</b>	Position Attitude	
<b>Focus 5 –</b> <b>Dribbling the ball in a competitive situation and outwit an opponent.</b>	Recognise Acknowledge	
<b>Focus 6 –</b> <b>Demonstrate a variety of techniques in a competitive situation.</b>	Analysis Evaluate	
<b>Sequencing</b>		
<b>How this unit builds on prior learning:</b> Builds on students' learning of other small-sided invasion & team games eg rugby.	<b>How this unit leads to future learning:</b> Prepares students for the basic principles and tactics of an invasion game and how to outwit an opponent.	
<b>Resources to support:</b> <a href="http://www.fourfourtwo.com">www.fourfourtwo.com</a>		
<b>Social, Moral, Spiritual, Cultural and British Values linked to this learning programme:</b> <ul style="list-style-type: none"> <li>Rule of law</li> <li>Mutual respect</li> <li>Teamwork, knowledge of your own and others strengths and weaknesses.</li> <li>Success / Winning</li> <li>Coping / Losing</li> </ul>		
<b>Assessment:</b> Head, heart, hands assessment.		