



YEAR 8 BADMINTON LEARNING PROGRAMME

| This unit I will be learning about badminton | | The key vocabulary that I will learn this unit are... |
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| <p>In this unit, I will learn about:</p> <ul style="list-style-type: none"> The rules and regulations of badminton. The skills and tactics needed to be successful in badminton. <p>By the end of this unit, I will be able to:</p> <ul style="list-style-type: none"> Umpire a game of badminton using the correct rules. Demonstrate the correct skills and techniques needed for badminton and apply them tactically in a game situation. | | Push Pull Drop-shot Flight Clear Smash Forehand Backhand Serve Angle Trajectory |
| Week's Learning | Literacy Links | Homework |
| Focus 1 - Be able to perform an accurate forehand & backhand serve using correct technique and apply into a competitive situation. | Back-swing Push Flight | Students are expected to attend at least 1 extra-curricular club during lunch time or after-school. |
| Focus 2 - Be able to demonstrate a defensive clear and use it to slow the pace of the game and regain position on the court in a competitive situation. | Clear Flight Trajectory | |
| Focus 3 - Be able to perform a defensive clear overarm using correct technique, power and trajectory, in a competitive situation. | Clear Flight Trajectory | |
| Focus 4 - To be able to demonstrate an effective drop shot and use it to outwit an opponent in a game situation. | Push Drop Gentle | |
| Focus 5 - Be able to perform a lob shot effectively to outwit an opponent using the correct power and trajectory in a competitive situation. | Flight Trajectory Back-swing | |
| Focus 6 - Be able to perform a smash shot using correct technique and manoeuvre an opponent around the court using a wide selection of shots. | Shot-selection Manoeuvre Front-to-back | |
| Sequencing | | |
| How this unit builds on prior learning: | How this unit leads to future learning: | |
| Builds on prior racquet skills learnt in primary school. | Will be able to improve racquet skills through a range of sports in ks3. | |
| Resources to support: www.badmintonengland.co.uk | | |
| Social, Moral, Spiritual, Cultural and British Values linked to this learning programme: | | |
| Pupils experience working together to achieve the same goal. Success and feel good factor. Leadership, teamwork, decision making, emotional literacy, dealing with victory and defeat. Pupils' morality tested with being safe and fair whilst umpiring. Pupils' empathy tested when winning to shake hands and console their opponent. Pupils' organisational skills and management of people skills practised. | | |
| Assessment: Assessment through head heart hands. | | |